

# Community Action Program, Inc.

# The Child Care Provider Connection





Tips, Tricks, and Tidbits

SCCAP's Child Care Resource and Referral's Quarterly Newsletter
October-December 2021





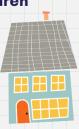
# APPLY FOR A STABILIZATION GRANT TODAY!

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#### **USE THE FUNDING FOR...**

- Rent, Mortgage, and Utilities
- Payroll, Benefits
- Health & Safety Training
- Facility Maintenance
- PPE, Cleaning, & Sanitizing Supplies
- Equipment Related to COVID-19
- Goods to Continue Child Care
- Mental Health Support for Staff & Children



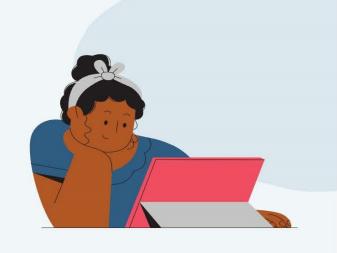


# FINANCIAL ASSISTANCE AVAILABLE

Was your child care program affected financially by COVID-19?

Apply today for a Child Care
Stabilization
Grant!

# PREPARING FOR YOUR STABILIZATION GRANT APPLICATION





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on my.ny.gov.

If you do not have one yet, create a PERSONAL account

Ensure that you have provided your current updated email to your licensor/registrar. You will NOT be able to apply without a valid email.

Make sure you have your Tax ID number and your license or registration number.

Prepare your estimated monthly expenses.

FOR MORE INFORMATION VISIT:
HTTPS://OCFS.NY.GOV/

#### **October is Fire Prevention Month!**

The goal of Fire Prevention Month (and Week October 3rd – 9th ) is to raise fire safety awareness and help ensure your home and family are protected.

#### Teach your children the following to stay safe from fire:

- 1. **Fire Spreads Fast!!** Leave quickly if you hear the smoke alarm.
- 2. Cover your mouth with a wet towel or clothing to keep smoke out of your lungs.
- 3. Crawl on the floor to stay away from the smoke.
- 4. If the door feels hot, **DO NOT OPEN IT**. Get out another way.
- 5. Do not stop to take anything, not even your pet or favorite stuffed animal.
- 6. If your clothing catches fire, STOP, DROP, and ROLL.

### Stop.







Roll.



7. Go to the pre-planned meeting place and **WAIT. DO NOT** return to the house. If you have a cell phone call 911.

#### If There's a Fire

Teach youngsters this fire-smart song to heighten their awareness of fire safety. Then encourage your little ones to practice their stop, drop, and roll techniques.

(sung to the tune of "Five Little Ducks")

Brave firefighters always say, "If there's a fire, stay away!
If fire's on you, then put it out!
Stop, drop, and roll!"
They always shout.

Source: National Fire Prevention Association (NFPA)



The spooky season is upon us, and I have to admit, I love it just as much as the kids do! I think it's one of those great childhood memories that never quite faded away for me. There's no doubt that your kids are getting excited for Halloween, too, with all the decorations, the fun costumes, and of course, the yummy treats. Get them involved in some crafting and cooking so that they can have fun and learn some things along the way!



#### Marshmallow Ghost

Materials Needed: Marshmallows Construction paper Markers Googly eyes

This ghost craft is a super simple Halloween craft for preschoolers or toddlers using supplies you probably have on hand.

#### Mummy Dogs



You'll need: 1 can (8 oz) refrigerated crescent rolls, 2 1/2 slices American cheese, quartered (2.5 oz), 10 hot dogs, cooking spray, mustard or ketchup, if desired

#### Directions:

- Heat oven to 375°F
- If using crescent rolls: unroll dough; separate at perforations, creating 4 rectangles. Press perforations to seal. If using dough sheet: unroll dough; cut into 4 rectangles.
- With knife or kitchen scissors, cut each rectangle lengthwise into 10 pieces, making a total of 40 pieces of dough. Slice cheese slices into quarters (1/2 slice cheese, cut in half).
- Wrap 4 pieces of dough around each hot dog and 1/4 slice of cheese to look like "bandages," stretching dough slightly to completely cover hot dog. About 1/2 inch from one end of each hot dog, separate "bandages" so hot dog shows through for "face." On ungreased large cookie sheet, place wrapped hot dogs (cheese side down); spray dough lightly with cooking spray.
- Bake 13 to 17 minutes or until dough is light golden brown and hot dogs are hot. With mustard, draw features on "face."



# Pin the Spider on the Web

This Halloween activity is especially great for the younger kiddos-just be sure to always supervise as your child plays. Design a big spider web and make a bunch of little paper spiders (or get spider

stickers) then let the kids chose where they want their spiders to go on the web.

#### Flutter, Flutter Little Bat

by Leanne Guenther

Flutter, flutter little bat, How I wonder where you're at.

Swooping through the darkest night -You find your way without a light.

Flutter, flutter little bat, How I wonder where you're at!







#### 5 Ways to Celebrate Thanksgiving in Child Care





- 1. Get Online—Plimouth Plantation has a great website dedicated to the "First" Thanksgiving. Some of the education materials are to prepare the kids for visiting the plantation, but they have a ton of resources for educators and children. Kids may especially enjoy the section that teaches them how to "Talk like a Pilgrim." Or, they may prefer to play the awesome Thanksgiving Interactive, an award-winning online activity that allows children to act as "history detectives" and investigate what actually happened at the first feast between the Wampanoags and the Pilgrims.
- **2. Make a Clothespin Gratitude Wreath—Materials you'll need:** Paint, paint brushes, a bag of wooden clothespins, a 12-inch wire wreath frame, and black markers. **How to make it:** First, have the children paint the clothespins in

various colors of your choosing. Then, once fully dry, use the black markers to write one thing your group is thankful for on each clothespin. It takes exactly 53 clothespins to fill up a 12-inch wire wreath frame, so challenge the children to complete the circle with ideas! If you'd like, make a sign or message to go in the middle of the wreath, then hang it in a conspicuous place as a constant reminder of what everyone in your daycare is thankful for.



- 3. Sail the Mayflower—Who knew there were so many different ways to build a ship? Dig through your recycling bin if you have one, and ask your kids to create their own mini version of the Mayflower. Your family can study more about the real story behind this famous ship at MayflowerHistory.com.
- **4. Read a Book**—There are dozens of books about Thanksgiving available at your local library or online. Some of our favorites include: <u>If You Were At The First Thanksgiving</u>, <u>P Is for Pilgrim: A Thanksgiving Alphabet</u>, and <u>Celebrate Thanksgiving Day with Beto and Gaby</u>.
- **5.** Cook a yummy snack with them—Food is the best part of the holiday! Take the time to cook with the children in your care. Here's an easy Turkey Pumpkin Muffin Recipe:



- Red apple
- Green apple
- Sliver of carrot
- Squeezable icing—eyes

From each apple, cut a slice from the side of the apple. Set flat and cut squared-off, tapered feathers. Cut a small beak from a thin slice of carrot. Make a slit in the end of a green grape and dab off excess moisture. Insert beak into grape. Poke small ends of feathers into muffin and set head on

muffin, resting on the muffin paper. Once assembled, add tiny dot eyes with icing.

www.brighthorizons.com/family-resources/thanksgiving



# Treats and Activities to do with Kids During the Holidays



#### Marshmallow Snowman

- Marshmallows
- Pretzel sticks
- Candy corn
- Mini Chocolate Chips
- Toothpicks (4 inches)



- 1. Use the toothpick to poke holes for the arms, legs, and nose, and then push pretzels and a candy corn in the snowman. Poke small holes for the buttons and push mini chocolate chips into the holes.
- 2. Place some mini chocolate chips in a sandwich baggie and melt in your microwave (30 seconds at a time until melted). Snip off a tiny corner of the baggie and "pipe" the chocolate out to draw eyes and a mouth on the snowman. Use candy corn as the nose.
- 3. Make hot cocoa and then lay Marshmallow Snowperson on top.
- 4. Make sure to let small kids know that there is a toothpick inside the snowman before they start eating it.

#### **Peanut Butter Reindeer**

#### Ingredients

- 5 celery ribs, ends trimmed and cut in half
- peanut butter (or seed butter of choice)
- 20 gluten free pretzels, cut in half
- 20 <u>homemade googly eyes</u>
- 10 fresh raspberries

#### Instructions

- 1. Slather the nut or seed butter into the celery ribs.
- 2. Add the antlers, eyes, and nose for the full Rudolph face.
- 3. Watch your kids eat and devour this snack!



#### **Melt-free Snowmen**

- Cut snowman shapes out of felt.
- Decorate each snowman with a felt top hat.
- Punch a hole on each side of the snowman.
- String with baker's twine.



#### Pin the Nose on the Reindeer

- 1. Cut the eyes, mouth and antlers from cardboard and put them in place on a cork board.
- Cut red circles for the noses and put the children's names on each one so they know which nose is theirs.
- 3. Use a blindfold for each child to have fun trying to figure out where to put the reindeer's nose.



https://ideastand.com/holidaygames

Training Topics: Below is a list of some trainings available through the Child Care Resource and Referral Center. CCR&R is able to create training specific to your needs to meet your training requirements or specific interests.

#### Some Training Topics are:

~Day Care Regulations
~Safe Sleep Environments
~Sun Safety
~Nutrition
~Food Safety
~Infant Attachment
~Children's Challenging Behaviors
~Mixed-Age Groups in Child Care
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- ~Emotional Literacy ~Curriculum Planning ~Record Keeping ~Positive Guidance
- ~Difficult Conversations ~Adverse Childhood Experiences (ACE's)
- ~ADHD
- ~Creating Schedules and Routines ~Keeping Kids Safe ~Water Safety

~Encouraging Healthy Eating

- ~Why Children Bite? ~Brain Development ~Playing Outdoors
- ~Potty Training ~Flannel Boards ~Room Arrangement ~Business Management ~Active Supervision
- ~Children with Special Needs ~Transportation Safety

- ~Shaken Baby Syndrome
- ~Summer Safety ~Lead Poisoning
- ~Cooking with Children
- ~Social Emotional Development
- ~Language Development
- ~Active Play
- ~Literacy Development
- ~Dental Health
- ~Gardening with Children
- ~Child Development
- ~Autism
- ~Creating Smoother Transitions

~Diversity Sudden Infant Death Syndrome (SIDS)

If there is a topic you are interested in that is not listed above, CCR&R will be able to create a training to meet that specific interest. Please do not hesitate to call the office to request this specific training at (518) 234-2568.

Please let us know if you are interested in participating in our monthly Curriculum trainings so we can send you all of the cool and fun activities we have planned. October's themes are Pirates, Skeletons/ Human Body, Fire Safety, and Healthy Eating. November we are planning a Be An Artist theme along with Principles of Child Development. December's themes are Holidays Around the World and Nutritional and Health Needs of Children. We look forward to seeing the kiddos in your care enjoy all the activities. Play,

#### **ACE's Level 101 Training**

will be held on

October 2 from 9 to 12 at SCCAP in the CCR&R Training room

Contact Dawn at (518) 234-2568 x3123, Melissa at x3016, or Heather at x3009 to hold your spot

#### **Business Training** (Stabilization Grant focus)

will be held on

November 18 from 6:30-8:30pm at SCCAP in the CCR&R Training room

Contact Dawn at (518) 234-2568 x3123, Melissa at x3016, or Heather at x3009 to hold your spot