2018 ANNUAL REPORT



Schoharie County

Community Action Program, Inc. Building stronger, healthier communities and empowering families that experience

economic and social challenges through strategic partnerships, education, services, and compassion.











795 East Main Street, Cobleskill, NY 12043 518-234-2568 | www.sccapinc.org



Child Care Resource & Referral

Child Care Resource and Referral (CCR&R) provides resources and information that is helpful to parents, child care providers, employers, and the community to improve the availability of quality child care in Schoharie County. We offer training workshops and technical assistance to existing providers to help them stay in compliance with NYS Office of Children and Family Services (OCFS) training requirements. SCCAP's CCRC provides feedback to local and state agencies regarding community child care needs and policy. We are a sponsoring agency for the Child and Adult Care Food Program (CACFP), which reimburses providers serving nutritious meals to children in a day-care setting. We are also a Legally Exempt enrollment agency, enrolling and monitoring child care providers who are paid through subsidies.

2018 Accomplishments

Child Care Resource & Referral - Schoharie County

- 58 Total child care referrals provided to families
- 423 Technical Assistance (TA) hours provided to child care providers
- 140.5 Intensive Technical Assistance (ITA) hours provided to child care providers
 - 2 Number of child care providers who received a Health & Safety Grant
 - 13 Number of Legally Exempt child care providers

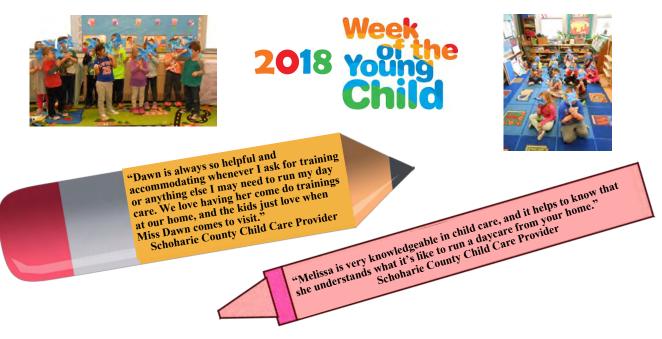
Child Care Resource & Referral - Otsego County

- 25 Total child care referrals provided to families
- 67 Technical Assistance (TA) hours provided to child care providers
- 18.5 Intensive Technical Assistance (ITA) hours provided to child care providers

Child and Adult Care Food Program (CACFP)

- 26 Number of CACFP monitoring visits
- 9 Number of CACFP participants

\$69,072.77 Dollars reimbursed to daycare providers for serving healthy food



Community Services Department

The Community Services Department provides emergency services for basic life needs including utilities, housing, clothing and food, financial literacy, community resources, referrals and advocacy. The department provides application assistance for HEAP, Volunteer Income Tax Assistance (VITA) and the Nutrition Outreach and Education Program (NOEP). Special activities include back to school supplies, food drives, and emergency diaper and formula assistance.

2018 Accomplishments

- 37,802 Pounds of food received from Save A Lot through the Feed America program. This donation is estimated to have provided 31,502 meals for food pantry recipients.
 - 7 Homeless prevention through advocacy
 - 3 Heat assistance- SCCAP payment
 - 50 Food pantry referrals
 - 1 Prescription assistance payment
 - 389 Referrals to other programs/services
 - 206 Number of children receiving school supplies
 - 209 Department of Social Services referrals
 - 211 Advocacy and continued support through direct service to clients in need
 - 430 Home Energy Assistance Program (HEAP) applications processed.
 - 145 Supplemental Nutrition Assistance Program (SNAP) applications processed
- 4,194 Telephone contacts
 - 30 Emergency diaper assistance
 - 11 Utility advocacy (nonpayment)
 - 5 Utility advocacy, service retention- SCCAP payment
 - 11 Homeless prevention- SCCAP payment
 - 211 VITA Income Tax Assistance
 - 10 Clothing assistance
 - 50 Transportation- bus token and vouchers
 - 6 Federal phone enrollment (Safelink and Assurance)
 - 266 Emergency Food Pantries provided to clients.
 - 178 Supplemental Food Pantries provided to clients.
 - 88 Local Share Food Pantry, which includes formula, provides assistance to households who do not meet program income guidelines but have an immediate need.











Community Services Department

2018 Accomplishments: (continued)

Food Drives:

Local financial institutions (banks) US Postal Service Scouting for Food Save A Lot Summer and fall drives

Multi-Partner Success Story:

An individual contacted Community Services seeking assistance for housing. When he came in to SCCAP, he explained that he was currently unemployed and homeless. DSS had temporarily put him in a local hotel. He stated he had a potential job opportunity back in Chicago, IL, where he was from, and he really wanted to go back there. He noted that he had spoken to Catholic Charities and they had said they could possibly help with a bus ticket to Chicago if he definitely had a job waiting there for him. The only road block holding up the job was a \$15.00 background check fee, which he was unable to pay. The Christian Community Church of Faith was contacted and agreed to pay for the background check. Catholic Charities was notified that the job was offered upon the completion of the background check. Catholic Charities subsequently purchased a bus ticket for the client. SCCAP gave him a backpack with snacks and drinks so he would have nourishment on the long bus ride. Following up by phone several days later, he stated that everything had worked out great. He arrived in Chicago safely and received housing as part of his employment. He was given his own room with a bathroom and three meals a day. He works in the kitchen and front desk areas in a community organization. He called SCCAP to express his heart felt gratitude. A great team effort made this situation a great success.

Client Success Story:

The Community Services Department assisted Mr. J with his online Social Security Disability application, HEAP application and the application for short term New York State disability. Mr. J notified us in December that he was approved for all three services and was thankful for the guidance. He is pleased with how quickly the process was for him and the outcome.











Employment Training Center

Brief Summary of Services:

NYS Displaced Homemaker Program (DHP):

 Provides displaced adults with the guidance, training and support needed to enter the labor market. Services provided include hands-on computer workshops, job development, resumes, interviewing, career exploration and financial literacy workshops.

Staff computer training:

• In-house computer training provided on an as-needed basis to SCCAP staff.

Customized Business Computer Training (Fee-for-Service):

• Customized, billable computer classes for the community.



Displaced Homemaker Program Success Story:

A young woman was referred to the Displaced Homemaker Program some time ago. She had a college degree and a strong work history but had many personal and employment barriers to overcome. From the beginning, we created a very professional resume and some dynamic cover letters. She did well in our computer skills workshops, and we were positive that she would find a job quickly. She was getting interviews just not the jobs. Her lack of confidence was coming through in the interviews. Our staff helped her with several practice mock interviews to help her relax and become more comfortable during the interview. We knew that eventually the right job would come along and it did. Recently, she accepted a very good position with a business not far from her home and is doing very well. She was very appreciative of the help and encouragement we gave her.

Energy Services Department

The Weatherization Assistance Program (WAP) and Energy Services Department is committed to reducing energy costs for low-income families by improving the energy efficiency of their homes and ensuring their health and safety.

	2018 Accomplishments		
Energy Savings			
46	Homes receiving Weatherization services		
12,620.52	Gallons of fuel usage saved (approximate)		
\$43,644.01	Energy costs savings (approximate)		
Improvements including Health & Safety			
5	Refrigerators		
5	Heating systems		
98	Carbon monoxide detectors		
436	LED bulbs		
42	Air conditioners		

7 Entire house ventilation systems



98 Carbon monoxide detectors



436 LED bulbs







Family Support & Resource Center

The Family Support Resource Center is a strength-based, family and child-focused set of programs with the goal of wrapping community supports around children and their families to help maintain family stability and to keep children safe in their homes and community. We offer Family Partners that work one-on-one with families (provide support, advocacy, education and liaison with providers), different types of Skill Building (individual and families), and Family Team Conferences (teams of providers and the family meet to develop goals and work towards strengthening the family unit) as a way to build supportive systems for families. This year the youth development programs moved to a different department, so we lost a staff member (Melissa) and gained a new staff member (Becky Foland) as Assistant Director. We continue to work collaboratively with other agencies for the benefit of the families we serve.

2018 Accomplishments

- 121 Number of families who worked with a Family Partner
- 988 Face-to-face contacts with families
 - 72 Number of families who participated in Family Team Conferences
- 158 Number of meetings held
- 83 Number of individuals who participated in Skill Building
- 437 Skill Building sessions held
- 493 Face-to-face contact with individuals (Skill Building)
 - 2 Groups (Cooperative Parenting/ Youth Anger Management) held
 - 11 Total Group Sessions

Client Success Story:

This year our success story focuses on the family team conference process. The goal of family team conferencing is the safety and stability of the children. Teams of service providers and natural supports meet every three months to look at goals and steps needed to move forward. At the center of this family unit is a young woman who was 14 when her meetings began. She was placed in foster care at the age of 14 and when she turned 18, she decided that she wanted to stay with her foster care family until she was 21. Last year, with the support of her team, she graduated from high school and in the fall began Early Childhood classes at SUNY Cobleskill. She used her meetings to look at options, to explore her needs, and to determine how she wanted to move forward with her life. She has made remarkable progress and is utilizing the system to help her achieve her goals and dreams.

Healthy Families/WIC

The Healthy Families Center administers the Woman, Infants and Children (WIC) program which is a federal supplemental food program that provides low income families with healthy foods along with nutrition and breastfeeding education. The WIC program serves approximately 500 participants. Our staff consists of two nutritionists, two certified lactation consultants, one nutrition assistant and one part time outreach coordinator. The department networks with other community partners including Community Maternity Services, Head Start, and the Schoharie County Department of Health, to offer a plethora of services from breastfeeding and nutrition education, high risk counseling, child birthing classes and lead screenings.

In September 2017, the Healthy Families department officially became the New York Milk Bank at Mothers Milk Depot of Schoharie County. The Mother's Milk Depot of Schoharie County adheres to the guidelines of the Human Milk Banking Association of North America (HMBANA) to provide safe, pasteurized milk from carefully screened donors to New York's fragile and sick infants; thus improving their potential to survive and thrive.

2018 Accomplishments

- 471 Number of participants served on average each month receiving food packages ranging from \$75 to \$150 per person
 - 5 Breastfeeding classes held with 18 women attending
 - 11 Hospital-grade, electric breast pumps loaned to participants
- 74% Percentage of moms who initiated breastfeeding
 - 5 Childbirth classes held with 9 women attending
- 2,100 Farmer's Market Coupons issued with a total value of \$8,400
 - 5 Number of lead screenings performed on children by the Schoharie County Health Department at the WIC Clinic
- 1,648 Ounces of breast milk donated by 4 milk depot donors

Farmers Market Nutrition Program Redemption rates for Schoharie County was 51.2 %. The average redemption rates for the Capital Region (11 agencies) was 29.9%!





2018 Community Baby Shower

Success Story:

The Schoharie County WIC Program transitioned to a new electronic benefit transfer (EBT) system called eWIC, September 24, 2018. An eWIC card is like a debit card and can be used to buy WIC-approved food at WIC stores. eWIC established a more convenient shopping experience with no more paper checks.

Parent and Child Connections Center

The Parent and Child Connections Center provides the means for children and adults, usually the non-residential parent, to have the opportunity for safe, conflict free contact in the presence of a third party. The Center offers a child-friendly, comfortable environment for supervised or monitored visits and exchanges that allow children and parents who have been separated due to child abuse and neglect, substance abuse, domestic violence, or custody or visitation issues to maintain or rebuild positive relationships. Visiting parents are assisted in developing and improving their parenting skills and have an opportunity to implement those skills during visits.

The Parent and Child Connections Center receives referrals from the Schoharie County Department of Social Services and our staff works closely with Foster Care, Child Preventive and Child Protective caseworkers.

2018 Accomplishments

- 69 Families participated in the supervised visitation program
- 1,099 Supervised or monitored visitations
 - 23 Families have moved to unsupervised visitations or supervision by family members



Success Story:

In the spring of 2018, mom and dad were referred to Parent and Child Connections Center (PCCC) for supervised visitation with their newborn baby who had been removed from their care and placed with a foster family. Mom and dad were both recovering drug users. When mom was briefly incarcerated, dad walked 12 miles to catch a bus to come visit his baby twice a week. After mom was released, she and dad participated in skill-building classes at the Family Support & Resource Center. Their goal was to have their baby home with them by Christmas. Over the next few months, supervised visits became monitored visits. Mom and dad were able to spend time with their baby without a supervisor present. By late September, mom and dad were having visits in their home. In late November, the baby was returned home to mom and dad on a trial basis. Recently, they stopped by PCCC, and everyone is doing well.

Community Action Month Open House & Brooks BBQ

In recognition of Community Action Month, Schoharie County Community Action Program hosted an Open House and Brooks BBQ, Wednesday, May 16, 2018, serving the community not only delicious BBQ chicken and ribs, but also providing information about the services that SCCAP has to offer the community. A silent auction was also held in conjunction with the BBQ. Auction items were generously donated by local businesses.

In preparation for the Open House & BBQ, the hallway and stairwell leading to our offices, as well as the exterior of SCCAP's portion of the building, was given a fresh coat of paint.



Board & Staff

Board of Directors as of December 31, 2018

PRIVATE SECTOR

Jason Evans

PUBLIC SECTOR

George McDonnell *Chair*

CONSUMER SECTOR

Dolores Jackson Treasurer

Rhonda Ferris

Karen Simmons

Anna VanDerkwerken

Leo McAllister

Judith Warner

Pastor Jonathan Litzner Secretary

Staff members during 2018

Wendy Abbott-Egnor	April Glass	Melissa Pawlak
Lara Ackley	Jodi Gregory	Kelly Pitt
Trisha Ball	Marcy Holmes	Sara Schulz
Denelle Baker	Becky Kennison-Foland	Amber Shultes
Nancy Becker	Kim Lacko	Adam Smith
Sarah Beekman	Jackie LaLonde	Jeannette Spaulding
Melissa Bevins	JoAnn McCann	Ted Strobeck
Michele Bivona	Norman McHargue Jr.	Rhonda Wilty
Nardeana Bohringer	Carlina Morales	Kimberly Witkowski
Heather Fretto	Debbie Palmatier	Colleen Wojcik
Dawn Garvey	Everett Palmer III	



to our donors, volunteers, employees, board members and corporate supporters!

With your help, SCCAP has continued to work toward building a stronger community and empowering families in 2018.

We appreciate your support and look forward to another great year in 2019.

Donate to Support SCCAP's Work—3 easy ways!

- 1. Stop by our office (above Subway) located at 795 East Main Street, Suite 5, Cobleskill, NY 12043
- 2. Mail a check to SCCAP at the address above.
- 3. Visit our website at <u>www.sccapinc.org</u> and click the donate button.